

Monday – May 15

Presenter: Dr. Eugene Joseph, La Sierra University, Biology Professor

10:00 AM – 12:00 PM	Registration
12:00 PM – 12:30 PM	Lunch
12:30 PM – 2:15 PM	Break
2:15 PM – 2:30 PM	Good Afternoon with Harley, Sharon & Dorothy
2:30 PM – 2:45 PM	Orientation & Welcome <i>Mario Perez & Staff</i>
2:45 PM – 3:30 PM	“Who are you?”
3:30 PM – 3:45 PM	Break
3:45 PM – 4:30 PM	“Peace and Stress: their physiological effects on the human body”
4:30 PM – 4:40 PM	Sound of Music Medley
4:40 PM – 5:30 PM	Games/Exercises

Some choices include: *Horse Shoes/Ping Pong/Card Games/Hay Rides/Bean Bag/Golf/Easy Exercises with Rose/Volleyball/Orchestra Rehearsal/Visiting*

5:30 PM – 6:00 PM	Supper
6:30 PM – 7:00 PM	“Keyboard Reflections of Praise <i>Dr. & Mrs. Dorothy Wareham</i>
7:00 PM – 7:15 PM	SECC President’s Report <i>Sandy Roberts</i>
7:00 PM	Movie “The Sound of Music”

Tuesday – May 16

Presenters: Pastor William and Jackie Tucker
Retired Quiet Hour Ministries Speakers, Directors

8:00 AM – 8:30 AM	Breakfast
9:15 AM – 9:30 AM	Good Morning with Harley, Sharon & Dorothy
9:30 AM – 9:45 AM	Devotional Time with Mario Perez
10:00 AM – 10:45 AM	“Changing Lives Around the World Part 1”
10:45 AM – 11:00 AM	Break

Tuesday – May 16 [cont.]

Presenters: Dr. Charles Teel, Theology Professor, La Sierra University

11:00 AM – 11:45 PM	“Changing Lives Around the World Part 2”
12:30 PM – 1:00 PM	Lunch
2:00 PM – 2:15 AM	Good Afternoon with Harley, Sharon & Dorothy
2:15 PM – 3:00 PM	“Part 1”
3:00 PM – 3:15 PM	Break
3:15 PM – 4:00 PM	“Part 2”
4:00 PM – 5:30 PM	Games/Exercises
<i>Some choices include: Horse Shoes/Ping Pong/Card Games/Hay Rides/Bean Bag/Golf/Easy Exercises with Rose/Volleyball/Orchestra Rehearsal/Visiting</i>	
5:30 PM – 6:00 PM	Supper
7:00 PM – 7:45 PM	Concert “Together We Will Praise” and the “Compas Group”

Wednesday – May 17

Presenters:
Brian Neal, Commitment Director & Esther Neal, Health Educator

8:00 AM – 8:30 AM	Breakfast
9:30 AM – 9:45 AM	Good Morning with Harley, Sharon & Dorothy
9:45 AM – 10:00 AM	Devotion Time with Mario Perez
10:00 AM – 10:45 AM	“Retirees Health”
10:45 AM – 11:00 AM	Break
11:00 AM – 11:45 AM	“Retirees Finances”
11:45 AM – 12:30 PM	Load Your Vehicle
12:30 PM – 1:00 PM	Lunch

Farewell and have a safe trip home!!

Hope to see you next year, May 14-16, 2018

See registration for more details of reserving a spot ahead of time